



## SKIN REJUVENATION

**Customizable Facials** are curated to treat many common skin concerns such as hydration, sensitivity, acne, and oily skin. Whether it be an express "On-The-Glow" treatment, or a luxurious 60 minute Revitalizing Facial - our skin care sessions will make you feel refresh and renewed.

**HydroGlow Facial** is the latest in skincare. It combines the natural benefits of oxygen and water to shoot a pressurized stream of saline solution, water, or serum onto the skin. the high velocity of this procedure effectively removes dead skin cells, exfoliating and soothing the skin at the same time.

**Microdermabrasion** is a non-invasive procedure that sloughs away lifeless skin cells for more radiant skin. This exfoliation aids in improving overall skin texture while allowing products to better penetrate the skin.

**Dermaplaning** is a great technique to improve the tone and texture of your skin by removing dead skin cells and vellus hair. Reveal newer, younger skin and drastically improved skin.



## EYEBROWS

Expert level eyebrow services tailored for perfectly defined and flawlessly shaped brows. At PHR Centers we have a full menu to meet our eyebrow needs. From waxing to lamination and staining.

## CONTACT US



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Consultations are  
always complimentary!

PHR  
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## LASER HAIR REMOVAL

Laser Hair Removal is a proven method for eliminating unwanted hair for people of all genders by targeting each follicle individually to prevent growth.

With our Cynosure Vectus and Light Sheer Laser, we provide the safest way to optimize hair removal treatments.

Every treatment is tailored to each individual client's skin type, hair type, and ethnicity. Treatment is safe for all skin tones.

Laser Hair Removal can also help you if you are dealing with unwanted hair due to a medical condition, like PCOS, folliculitis and hidradenitis suppurativa.



## TEETH WHITEINING

SunnaSmile technology, you can start your path back to a brilliant white smile within a matter of minutes. This cutting-edge, all-natural, in-studio treatment formula is more potent than the at-home kit, removing years of built-up stains and discoloration in as little as 20-40 minutes.



## SPA SERVICES

**BOTOX Injection** is the first and only FDA-approved treatment to smooth severe frown lines, crow's feet, and forehead lines. This is a quick treatment with minimal downtime!

**IPL Photo Facial** Intense Pulsed Light (IPL) is a type of light therapy used to treat or remove age spots, sun damage, freckles, some birthmarks, broken capillaries, and fine lines.

**SkinPen Microneedling** The first FDA cleared and leading Microneedling device is clinically proven to improve the appearance of acne scars, fine lines and wrinkles, and uneven texture. Micro-needles enter the skins surface to create controlled microchannels. These microchannels stimulate your body's natural healing response in order to produce collagen, elastin and new skin cells, which can thicken the skin and smooth out uneven texture.

**VI Peel** This medical grade, medium-depth and painless skin-resurfacing chemical peel will increase your cell turnover rate to reveal smoother and more radiant skin. With 5 custom blends we can help treat aging skin, sun damage, active acne and acne scarring, melasma, and more!



## NON-INVASIVE FAT REMOVAL

Using the patented Selective Radiofrequency technology combined with the largest treatment area in the industry, BTL's VANQUISH ME allows us to reduce the circumference of the entire abdominal area, the back, and the thighs. This painless and contactless procedure disrupts fatty cells through the selective heating of adipose tissue. The process leads to fatty cell shrinkage and elimination. A perfect solution for those who were unable to destroy fat cells in any other way.

## INFRARED SAUNA



Burn up to 600 calories from just one 30 minute session in our Sunlighten Infrared Sauna. The sauna will provide your body with detoxifying benefits, increased circulation, and boost your bodies natural immune response. Some of the many benefits of regular sessions include Weight Loss, Relaxation, Heart Health, and Muscle Recovery.